

# What's More Important to Success?

# HARD WORK

I sat in the dugout watching the play unfold... and now, after a few days of reflecting on its relevance to life and success in general, the parallels are uncanny.

Here's the set-up - play-off game, winner goes on, loser goes home. There's a lot on the line. Early in the game, the batter gets on base due to a catcher's interference call, a rarity. On the next pitch, a balk is called, moving the runner to second base. Then - the play.

The pitcher wheels around to attempt a pick-off of the runner on second base. The ball is thrown slightly wide, and the shortstop covering the bag can't reach it. The ball goes into center field, and the runner, who had slid back into second, gets up and heads to third. The center fielder makes a great throw to third, where the third baseman drops the ball, and it rolls slightly away. The third base coach holds the runner, telling him to stay put, but the runner sees the ball has gotten away from the fielder and makes a break for home. The third baseman picks up the ball and makes a throw to home, but the runner slides in under the tag to score. I-O.

And that's how the game ended - I-O. It was a great pitcher's duel, with outstanding plays made by both teams the rest of the way and phenomenal pitching to keep it close.

Here's what I reflected on. This score resulted from hard work, a little luck, capitalizing on an opportunity, along with a bit of aggressiveness, stubbornness, and not always listening to the experts; just like in life. This is the reason I often bristle at the suggestion that the only way to succeed is through hard work.

Sure, hard work is important. Just like in the game, no one is where they are without some hard work. There are many hours of practice, numerous games, and countless drills. There's the ability to handle pressure in the moment. Hard work is a given.

But often, a little luck is required. An errant throw from the pitcher created an opportunity. The runner capitalized on it. There was a little more luck as a great throw from the center was mishandled by the normally sure-handed third baseman (who was playing injured). Again, the runner capitalized on the opportunity. He was aggressive. He pushed the opportunity to the next level. The runner was also a little stubborn and not willing to be satisfied with what the opportunity provided. His stubbornness resulted in him not listening to his coach, i.e., the expert and authority on the field for his team. This pushed the opportunity even further to create the run.

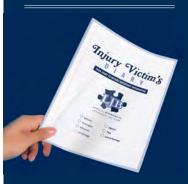
It's a play I've seen a hundred times and have seen the players make 99 times. But this one time, they didn't make it, resulting in a run and a win.

Just like in life, you need some breaks, but you must be ready to capitalize on the opportunities as they appear before you and have some trust in your ability to see them through. A little

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Loyd J. Bourgeois Attorney-at-Law



### **GET YOUR FREE COPY!** Injury Victim's Diary

I created this workbook for you to document all the evidence you need to obtain a fair settlement from the insurance company after getting hurt in a wreck; things you may forget with time, like:

- The accident details.
- · Witness information.
- The progression of your pain and symptoms.
- · History of missed work and wages.
- Names of doctors and dates of visits.
- And more!

If you'd like a copy of this resource or know someone else who may need one, give our office at call at (985) 240-9773 or visit LJBGuides.com. We'd be happy to send you a free copy.

Loyd J. Bourgeois LLC Offices in Luling & Metairie, La. (985) 240-9773 www.LJBLegal.com











# LJB's Cookin' Corner

### **EGG BITES**

This month's recipe comes from our Client Onboarding Specialist, Emma. She makes batches of these egg bites and then refrigerates them in individual bags for a quick grab-and-go breakfast. She also likes to switch things up by using different cheeses and proteins.

#### **INGREDIENTS**

- 8 large eggs
- · 2/3 cup whole fat cottage cheese
- · 1/4 tsp. salt
- · Fresh cracked black pepper, to taste
- · I I/2 cups Gruyère cheese, shredded
- · 5 slices cooked bacon, chopped

#### **INSTRUCTIONS**

- I. Preheat the oven to 300 degrees with the rack in the center. Place a second rack just beneath it and add an empty baking sheet. Add water to the empty baking sheet to create steam. Spray a muffin pan well with cooking spray and set aside.
- 2. Add the eggs, cottage cheese, salt, and pepper to a blender and blend for I5-20 seconds. Do not over-blend.
- 3. Transfer to a bowl and stir in the shredded cheese. Use a ladle or a

- measuring cup to scoop the egg mixture into the muffin tin wells, filling them no more than 2/3 of the way full. Try to disperse the cheese evenly throughout the muffin wells.
- 4. Sprinkle the chopped bacon evenly over the tops of the egg mixture.
- 5. With the muffin tin on the middle rack, bake for 30-35 minutes or until the center of the egg bites is set. Remove from the oven and let cool before removing from the pan.



### **LUCK CONTINUED**

stubbornness and not always listening to the experts can serve you well in the right situations.

Such is baseball. While many find it boring to watch, baseball, with its myriad rules, is — at least for me — the ultimate giver of life lessons through sport.

Keep running,

### THIS EDITION'S REVIEW ROUNDUP



"During my phone intake with Emma, I felt heard and respected. She demonstrated patience, courtesy, and professionalism. She also was highly responsive to my outreach. Mr. Bourgeois extended me the same, with the additional attributes of compassion and expertise in his field. He also brought a particular level of calm to the conversation, which I very much appreciated. He had familiarized himself with my insurer's policy/plan

prior to our phone consult, and he, additionally, helped me to analyze my options. It was like finding safe harbor in the middle of a storm. I thank them."

— Christine Bigarani



"I have enjoyed working with their team on my case! I highly recommend! They make everything so easy for me to take care of!"

-Amber Perilloux

### Reminder About Our Firm's

### **COMMUNICATION POLICY**

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Our promise to you is that while we are working on YOUR case — we are WORKING on YOUR case. And this goes for each and every one of our clients. This means that our focus and attention are squarely on your case and not anything else. Because of this, Loyd Bourgeois DOES NOT take unscheduled phone calls, emails, or walk-ins. This makes all of us more productive, efficient, and knowledgeable about YOUR case. It may help get your issue resolved faster. You can always call the office at (985) 240-9773 and schedule a phone appointment or in-person visit.

### THE LJB LEGAL DIFFERENCE

- We listen with empathy, and WE CALL PEOPLE BACK!
- We are working-class LSU fans. We never thought we'd have to sue people either, but no one should have to fight insurance companies and government bureaucracy alone.
- No charges unless we win. Nothing. ZERO. Until you win.

# THE LJB GUARANTEE

If you're not completely satisfied with your experience after 30 days, we'll give you your entire file and charge you nothing!

#### LJB LEGAL VIP PERKS

Our attorneys are all notaries. Notary services are a courtesy we offer to our clients for free (if we don't have to prepare the document). Just send us an email at info@LJBLegal.com, and we're happy to help you.

#### **DISCLAIMER**

This publication is intended to educate our clients, referral sources, and others in our network. It is not intended to be legal advice. Each case is different. You can pass this information along to your family and friends as long as the newsletter is copied in its entirety.

## AMERICAN AIRLINES ATTORNEYS SAY, 'IT'S YOUR OWN FAULT' TO 9-YEAR- OLD

Recent articles about "affirmative defenses" made by now-former American Airlines attorneys when sued by the parents of a 9-year-old secretly recorded in an airplane bathroom by a flight attendant highlight typical defense tactics in litigation.

If you have not read about the American Airlines filings, here's the basics. An American Airlines flight attendant taped his iPhone to the toilet seat in a plane bathroom. He used tape and labels to hide the phone, with the labels saying, "Seat broken." When he attempted to escort a 14-year-old to the bathroom with the broken seat, she recognized something was amiss, took pictures, and later reported what she uncovered. On the flight attendant's phone law enforcement found additional evidence of recordings of 7-, 9-, and II-year-olds. The parents of the children were identified.

One filed suit against American Airlines.

In response to the lawsuit, American Airlines' attorney filed an answer asserting the child

was responsible for her damages since she "knew or should have known of the visible and illuminated recording device."

This is a typical defense strategy in most litigation. Let's call it the, "It's your own fault" defense. Defendants often refuse to admit they did anything wrong and then say something along the lines of, "Well, even if we did do something wrong, it's your own fault you were hurt."

The typical defense tactics also include defenses which can be called "you were already hurt" (pre-existing condition), "you are not really hurt" (exaggeration, malingering), "you didn't try to get better" (failure to mitigate damages), "you are making this up" (fraud), and other similar defenses.

These tactics are harmful, hurtful, and, in most cases simply not true. Having a national news story shed light on these tactics illustrates the reasons having an injury lawyer familiar with such deceptive tactics is essential in your case.



# Hahnville grad is first LJBLegal scholarship recipient



graduate, has been awarded our first annual LJBLegal Injury and Disability Scholarship. A standout student-

Mallory Whitaker,

a 2024 Hahnville

High School

WHITAKER

athlete, Mallory has committed to the University of Central Arkansas for track and field, specializing in pole vault. She plans to pursue a degree in radiologic sciences, driven by her desire to contribute to the medical field.

Mallory's scholarship essay shared her

family's journey through her sister's battle with a brain tumor, highlighting the emotional and logistical challenges they faced. We established this scholarship to recognize the profound impact of disability and serious injury on individuals and their families. It's

designed to honor the strength and perseverance of students like Mallory who face significant challenges and emerge stronger and more determined.



Read more by scanning the QR code!



At LJBLegal, we love helping people and continue to work hard to provide our clients with the best experience through challenging times. If you happen to know of anyone who was hurt in an accident or needs help obtaining disability benefits, please have them reach out to us at (985) 240-9773. We are always thankful to those who trust us enough to recommend us to their family, friends, and/or clients.

#### THANKS FOR YOUR REFERRALS!

- Rosalyn Lemmon, attorney
- · Jake Lemmon, attorney
- Barbara Savoy
- Mariela Rodriguez
- Heidi Melancon
- Louis DiRosa, Jr., attorney
- Clarence Long
- Kerie P. Stone, attorney
- Marie Basse
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- Sandy Fambrough, EDPNA
- Neal Keller
- Steven F. Griffith, attorney
- Nicole Dufrene
- Clifford Dunn
- Eric Stotz, attorney
- LeNeshia Markey
- Macy Ledet, attorney

### **REID'S JOKE CORNER**

What did the sushi say to the bumblebee?

"Wassa-bee!"





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# How We Help:

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- ✓ 18-Wheeler Crashes
- ✓ Motorcycle Crashes
- ✓ Personal Injury Slip & Falls, Dog Bites, Other Injury Claims
- ✓ Disability Claims

IN THIS ISSUE: Egg Bites // Hard Work or Luck? // Scholarship Recipient // Affirmative Defenses

At LJBLegal, we deeply value the incredible work of our local teachers. They inspire, educate, and shape the future generation. For Teacher Appreciation Week, we hosted a giveaway to celebrate their hard work and dedication. We asked our social media followers to nominate their favorite teachers. Thank you to all the teachers and to everyone who nominated them!

Margaret Beltz, J.B. Marin Middle: "She is very caring with all of her students and gives her all each and every day!"

Maddy Johnson, R.J. Vial: "Maddy cares about each of her students not just academically but as a whole."

Lauren Hymel, Lakewood Elementary: "She's such an amazing teacher and a great person."

Amber Minchew, Allemands Elementary: "She meets her students where they are and

celebrates their successes - no matter how small along the way!"

April LeBouef, J.B. Martin Middle: "Loves her kids just like her own."

# THANK YOU, TEACHERS!











